

Where Does iTunes Store Backups and How to Find Them?

On Mac:

Open a Finder window.

In the menu bar at the top, click "Go" and select "Go to Folder."

Enter the following path: **~/Library/Application**

Support/MobileSync/

Press Enter or click "Go."

Within the MobileSync folder, you will find a "Backup" folder. This is where iTunes stores your backups.

Please note that the "~" symbol represents your user directory on macOS. Additionally, if you have multiple backups, they will be stored in separate folders within the Backup directory, each labeled with a unique identifier.

On Windows:

Open File Explorer.

In the address bar at the top, paste the following path:

%appdata%\Apple Computer\MobileSync

or:

%homepath%\Apple\MobileSync

Press Enter.

Inside the MobileSync folder, you will find a folder named "Backup". This is where iTunes stores your backups.